

# Partners in Care – Including Caregivers as Part of the Care Team OHT Webinar Summary - Sep 22, 2021

# To view the Webinar recording: click here

OCO introduced three strategies for OHTs centered on the unique and critical role that caregivers play in effective models for integrated care. This webinar focused on the importance of recognizing caregivers as essential partners in care and including caregivers as part of the patient/client care team.



### **Webinar Focus:**

- Importance and benefits of recognizing and including caregivers as part of the patient care team
- Potential approaches and tools to explore within your OHT
- Algoma OHT, North York Toronto Health Partners OHT and Hills of Headwaters Collaborative OHT
  presented initiatives that recognize and embrace caregivers as partners in care
- OCO resources and support available for OHTs

#### **Key Messages & Take-aways**

- Caregiver recognition and inclusion is critical to OHTs goals of re-designing care for patients in priority populations, coordinated transitions, system navigation, self-management planning and support.
- Caregivers are often the common link across all care settings and can support improved transitions
- Caregivers may act as a protective factor for more vulnerable patients who may have historically been subject to structural racism, or those with language barriers.





• Patients + Caregivers + healthcare Providers = Partners in Care: There is growing evidence to support the critical role that caregivers play in achieving the Quadruple Aim: better healthcare outcomes, better patient/caregiver experience, better staff/provider experience, and improved efficiencies.

## **Questions and Thought Starters for your OHT**

- How can we better understand the role that caregivers play in supporting our priority populations?
- Are we engaging caregivers in OHT planning and co-design to enhance care delivery models?
- Do our plans for improved transitions include a focus on caregivers and their role?
- Which of our OHT working groups, committee, task forces would benefit from hearing about the ideas shared today?
- Could any of the ideas and tools shared today help to build a culture that recognizes and values the role of caregivers across our partners?
- Are we taking steps to enable the safe presence of essential caregivers during Covid-19?

#### **Call to Action**

- Contact The Ontario Caregiver Organization we are eager to meet with OHT leaders, partners and caregivers to learn more about your priorities and to share strategies for recognizing and supporting the critical role of caregivers for your priority populations. If you would like to schedule a short introductory meeting to meet with your OHT, please contact us at <a href="mailto:partners@ontariocaregiver.ca">partners@ontariocaregiver.ca</a>.
- Explore OCO's <u>Care Provider Resource Centre</u> for tools and resources to support, include and engage caregivers.
  - Centre de ressources pour les prestataires de soins de santé : Partenaires de soins

#### **OHT Presentations & OCO Resources**



Set to launch NYTHP Caregiver Campaign across their OHT focused on: Including Caregivers as Part of the Care Team and Supporting Caregiver Well-Being

<u>Watch</u> the North York Toronto Health Partners- Caregiver Campaign video

To join the campaign contact: Cécile Raymond at CRaymond@circleofcare.com



Implemented Caregiver ID at Sault Area Hospital in 2020, with planned spread and scale to AOHT partners throughout Algoma

Endorsed role of essential caregivers as part of policies and procedures

Developed a customizable toolkit <a href="https://www.algomaoht.ca/caregiverid">https://www.algomaoht.ca/caregiverid</a> in partnership with citizens, patients/families, OHT partners



Caregivers in the Hills was established by the Hills of Headwaters Community Wellness Council. The council supports the Hills of Headwaters Collaborative Ontario Health Team.

Implemented the Caregiver ID program- <u>Caregiver in the Hills</u> at two of their OHT partner organizations- Alzheimer's Society of Dufferin County and Dufferin Child and Family Services

Educated and tracked learning of local health care providers on the role of the caregiver



# **Summary of OCO Resources to enable Caregivers as Partners in Care**

- <u>Caregiver ID</u> Formal and visual recognition of caregivers as partners in care <u>Identification (ID) de l'aidant naturel</u>: pour reconnaître les aidants naturels et faciliter leur rôle
- <u>Partners in Care Pandemic Toolkit</u> Focus on Caregiver ID as a tool to support the safe presence of caregivers in care settings during Covid-19 <u>La boîte à outils relative aux partenaires de soins</u>
- <u>Caregivers as Partners</u> E-learning Modules for Providers Two series: Original & Mental Health & Addiction, three 20-minute free-of-charge modules with practical, tangible tips
- **E-Learning Module for Caregivers**: Partnering with Healthcare Professionals

  Apprentissage en ligne Partenaires de soins destiné aux prestataires de soins de santé
- Health Privacy and Consent Resources Resources to help care providers and caregivers to better understand health privacy and consent rules so they can work as partners in care to optimize care for patients. Ressources sur la vie privée et le consentement en matière de santé